



Belmont Abbey
COLLEGE
*That in all things God
may be glorified*

For Immediate Release

Contact: Rolando Rivas

P: 704-461-6561 E: rolandorivas@bac.edu

Belmont Abbey College Announces Spirit of St. Benedict Award Winner

Belmont, N.C. (April 25, 2023) – Cathy Comeau, Belmont Abbey's Coordinator of Student Life for almost a decade, has been named this year's Spirit of St. Benedict Award winner. Abbot Solari Placid, O.S.B. and President Thierfelder announced this wonderful honor at the annual Employee Recognition Luncheon on April 24th, 2023.

Belmont Abbey's most prestigious recognition, the Spirit of St. Benedict Award, embodies the spirit of the Benedictine community. It is presented to someone who makes a substantial contribution to the College, demonstrates hospitality as evidenced by concern for others in the College Community, and gives service without regard for recognition, among other criteria.

"Cathy Comeau is a Belmont Abbey College institution of joy, excellence, and virtue. Countless students have laughed, cried, dreamed, and celebrated successes in her Commons 202 office. Alumni regularly seek her out when they return on campus," Vice Provost and Dean of Student Life Tom MacAlester said. "Cathy is a very fitting recipient of the Spirit of St. Benedict Award for her dedication to student life, this place, and most importantly, the students entrusted to her diligent and joyful care."

While Cathy is known and loved by the staff and faculty across Belmont Abbey, her relationship with the students is what she is most passionate about. Belmont Abbey College sophomore Youthan Love shares, "Mrs. Cathy is a person that everyone needs to meet during their time at the Abbey. The Office of Student Life would not function without all her support." Cathy has, in a unique way, been entrusted with the welfare of Abbey students. She continues to exemplify the Benedictine hallmarks and carries out Belmont Abbey's mission "so that in all things, God may be glorified."

About Belmont Abbey College: Founded in 1876, Belmont Abbey College is a private, Catholic baccalaureate and liberal arts institution. Our mission is to educate students in the liberal arts and sciences so that in all things God may be glorified. Guided by the Catholic intellectual tradition and the Benedictine spirit of prayer and learning, we welcome a diverse body of students and provide them with an education that will enable them to lead lives of integrity, to succeed professionally, to become responsible citizens, and to be a blessing to themselves and to others. Our beautiful and historic campus is conveniently located just 10 miles west of Charlotte, N.C., and is currently home to more than 1500 students. For more information, visit <https://belmontabbeycollege.edu/>.